

Polka on a Banjo

Bluegrass Band CD called "Once Again From the Top"

Level: Beginner Couple Mixer Music: Bluegrass-moderate speed

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Sequence~Intro~A~B~Break~A~B~Ending    Intro~wait 8 counts~Left foot lead  
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Part A

72 counts~couples~promenade hand hold~gents on the left~gals on the right

2 basics & 1 triple~Switch on the triple~couple raises crossed arms~gal goes under~gent goes behind~NOW gals on the left

basic	DS	RS
	L	RL
	+1	+2

triple	DS	DS	DS	RS
	L	R	L	RL
	+1	+2	+3	+4

2 basics & 1 triple~Switch on the triple~couple raises crossed arms~gal goes under~gent goes behind~NOW in home position

2 basics & 1 triple~gents stay put on the triple~gals move one couple forward

Repeat sequence again~total of 2 times

Repeat sequence once again~BUT gals STAY put

2 basics & 1 triple in place

Part B

64 counts~couples~inside hand hold~gents on the left

2 basics & 1 triple~odd couple~RED bandanas make arch~even couple dive through on triple

2 basics & 1 triple~even couple~BLUE bandanas make arch~odd couple dive through on triple

Helpful hint: on the basics move together if diving~move apart if making the arch

Repeat sequence 2 1/2 more times

Even couples dive 4 times total~Odd couples dive 3 times total

2 basics & 1 fancy basic (move 1/4 left) all face in circle ~grab hands

fancy basic	DS	DS	RS	RS
	R	LR	LR	LR
	+1	+2	+3	+4

BREAK

64 counts~circle~facing in~holding hands

2 push-offs	DS	RS	RS	RS				
moving left & right	L	RL	RL	RL				
	+1	+2	+3	+4				
1 cowboy turn~drop hands	DS	DS	DS	Br(turn)/H	T/H	RS	RS	RS
	L	R	L	R	/L	R/R	LR	LR
	+1	+2	+3	+	/4	+5	+6	+7
							+8	
1 cowboy NO turn~grab hands	DS	DS	DS	Br/H	T/H	RS	RS	RS
	L	R	L	R/L	R/R	LR	LR	LR
	+1	+2	+3	+4	+5	+6	+7	+8
2 Charlestons	DS	Tch(if)/H		T/H	RS			
	L	R	/L	R/R	LR			
	+1	+	/2	+3	+4			
2 clogover vines	DS	DS(xif)	DS	DS(xib)	DS	DS(xif)	DS	RS
moving left & right	L	R	L	R	L	R	L	RL
	+1	+2	+3	+4	+5	+6	+7	+8

1 cowboy turn~drop hands

2 basics & 1 fancy double in place~grab partners' hands in promenade position

Ending

facing out of the circle~drop hands

4 Basics

double and a chug	DS	DS	RS	Lift
	L	R	LR	L
	+1	+2	+3	+4

Key to Steps

DS=double step

RS=rock step

T=toe

H=heel

Br=brush

xif=cross in front

xib=cross in back