

KICK IT UP

MUSIC: The McClymonts - CD Single Kick It Up
CHOREO: Kaye Speyer - Kaye's/Rockingham Cloggers WA
LEVEL: Intermediate
SEQUENCE: Intro, A, Chorus, Break1, B, Chorus, Break2, Ending
INTRO: Wait 8 Beats - Left Foot Lead

QUICK CUES

INTRO [8 Beats]

8 2 Jazz Kicks

PART A [32 Beats]

8 Michael Run
 4 Karate
 4 Triple

Repeat to front - Opp Footwork

CHORUS [27 Beats]

8 Rougie Vine [**Left**]
 4 Pivot Chain [**Full Right**]
 3 Short Kicker [**Right**]
 4 Fancy Kick
 8 2 Slur Basics

BREAK 1 [20 Beats]

4 Ooh Aah Skuff
 8 Civic Kick
 8 Cowboy

PART B [32 Beats]

8 Tricky Drag
 4 Lori Pivot [**1/2 Right**]
 4 Rocker Kick

Repeat to face front

CHORUS [27 Beats]

8 Rougie Vine [**Left**]
 4 Pivot Chain [**Full Right**]
 3 Short Kicker [**Right**]
 4 Fancy Kick
 8 2 Slur Basics

QUICK CUES

BREAK 2 [28 Beats]

4 Ooh Aah Skuff
 8 Civic Kick
 16 2 Vine Heel Twists
[1/2 right on each]

ENDING [64 Beats]

8 Rougie Vine [**left**]
 4 Chain [**Right**]
 3 Double Basic
 4 Ooh Aah Skuff
 8 Civic Kick
 4 Fancy Double [**1/2 Left**]
 4 Ooh Aah Skuff
 8 Civic Kick
 4 Fancy Double [**1/2 Left**]
 8 Cowboy
 8 2 Stomp Doubles
 1 Pause Stomp



KICK IT UP

STEP INSTRUCTIONS - ALL INSTRUCTIONS GIVEN LEFT FOOT LEAD

JAZZ KICK: [4]

TH[OTS] TH[XIF] TH[BK] K H
 L R L R L
 &1 &2 &3 &4

KARATE : [4]

DS K (PVT 1/2 L) (P) S DR SL
 L R R R R
 &1 & 2 & 3 & 4

TRIPLE: [4]

DS DS DS RS
 L R L RL
 &1 &2 &3 &4

MICHAEL RUN: [8]

DS DS LOOP/SC S (XIB) DR/K SL DS (XIB) R (OTS) S (XIF) BA [OTS]
 L R L/R L L/R L R L R L
 &1 &2 & 3 & 4 &5 & 6 &
 BA[XIB] BA[OTS] BA[XIF]
 R L R
 7 & 8

STEP INSTRUCTIONS CONTD – KICK IT UP

ROUGIE VINE : [8]

DS DS (XIB) BA (OTS) BA (XIF) SL S (OTS) DS (XIB) BA (OTS) BA (XIF) DS RS
L R L R R L R L R L RL
&1 &2 & 3 & 4 &5 & 6 &7 &8

CHAIN : [4] turn or move as directed

DS RS RS RS
L RL RL RL
&1 &2 &3 &4

SHORT KICKER: [3]

DS DS K H
L R L R
&1 &2 & 3

SLUR BASIC: [4]

DS SLR S (XIB) DS RS
L R R L RL
&1 & 2 &3 &4

FANCY KICK: [4]

DS DS RS K/DR SL
L R LR L/R R
&1 &2 &3 & 4

OOH AAH SKUFF: [4]

(P) TCHH(F)/BO (P) BO/TCHH(F) R S (FWD) SK (F) SL/LIFT
L/R L/R R L R L/R
& 1 & 2 & 3 & 4

CIVIC KICK : [8]

DR S (XIF) TCH (OTS) SL DS (XIF) SLR S R S K H R S K H
L R L R L R R L R L R L R L R
& 1 & 2 &3 & 4 & 5 & 6 & 7 & 8

COWBOY: [8]

[DS DS DS BR (XIF) SL] - (FWD) [DS (XIF) R S (XIF) R S (XIF) R S (XIF)] - (BK)
L R L R L R R L R L R L R
&1 &2 &3 & 4 &5 & 6 & 7 & 8

TRICKY DRAG : [8]

DS DR S (XIF) DS BA-SL RS BA-SL DS RS
L L R L R R LR L L R LR
&1 & 2 &3 & 4 &5 & 6 &7 &8

LORI PIVOT : [4]

DS DT (UP) H DS (XIB) H (WGT) /H (WGT) - (PVT 1/2 R) S (ON R FOOT)
L R L R L/R R
&1 & 2 &3 & 4

ROCKER KICK : [4]

RS (1/2 L) DS DS K/DR SL
LR L R L/R R
&1 &2 &3 & 4

DOUBLE BASIC: [3]

DS DS RS
L R LR
&1 &2 &3

VINE HEEL TWIST: [8]

DS DS (XIF) DT-H-TWIST (WGT ON BOTH H'S) H-TWIST (WGT ON BOTH HEELS)
L R L L/R L/R
&1 &2 & 3 &
SL/LIFT (TRN 1/4R) [DS DS DS RS] - (BK)
L/R R L R LR
4 &5 &6 &7 &8

FANCY DOUBLE: [4]

L R LR LR
&1 &2 &3 &4

STOMP DOUBLE: [4]

(P) STO DS DS RS
L R L RL
& 1 &2 &3 &4

PAUSE STOMP [1]:

(P) STO
L
& 1