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JIFFY MIXER

Level: Beginners
Couples Circle Dance
Instructor: Marge Callahan

RECORD: Windsor 4684-A Pete Lofthouse Band
CHOREO: Unknown
INTRO: Couples facing each other, hands joined. Men facing out, ladies facing in. Wait 8 beats. Men left foot, ladies right foot.

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L	L
TCH HEEL(front)	TCH TOE(Across in front)

L	L
TCH HEEL(front)	TCH TOE(Across in front)

L	R	L	R	
STEP(side)	STEP(together)	STEP(side)	STOMP	(moving to your left)

R	R
TCH HEEL(front)	TCH TOE(Across in front)

R	R
TCH HEEL(front)	TCH TOE(Across in front)

R	L	R	L	
STEP(side)	STEP(together)	STEP(side)	STOMP	(moving to your right)

L	HANDS	R	HANDS	L	HANDS	R	HANDS	
STEP	(CLAP)	STEP	CLAP	STEP	CLAP	STEP	CLAP	(backing up)

L	R	L	R	L	R	L	R	
STEP	STEP	STEP	STEP	STEP	STEP	STEP	STEP	(moving forward on an angle to your right to change partners)

When you do the eight steps, to add a little "ginger" to the dance, the ladies should add a little "wiggle" to the step. Gents can kinda strutt.

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JESSIE POLKA RECORD: MacGregor RD-5001B LEVEL: Beginners Couples
CHOREO: Unknown Instructor: Marge Callahan INTRO: wait 8 beats left foot.

L	L	R	R	R	R	L	L
HEEL(TF)	STEP	TOE(TB)	TOE(TS)	HEEL(TF)	STEP	HEEL(TF)	TOE(TXIF)

NOTE: there is not a heel beat between touches

L	R	L	R	
DTSRS	DTSRS	DTSRS	DTSRS	(moving forward)

Abbreviations: TF-Touch front. TB-Touch back. TS-Touch side. TXIF-Touch across in front. DTSRS- Double toe step rock step(Basic I)

Begin dance with couples facing the Line of Dance.