

* I Can't Help Myself
(Sugar Pie Honey Bunch)

Record By: Four Tops

Choreo By: ????

(Imagine -- Chip Futrell, and a cabin in Fontana)

Easy - Easy Line Dance

Instructions : Wait 24 beats - Start hopping to left foot with right heel out

Part A :

Shake it 1 hop-H-hop-H-Twist-Twist
L R R L L L

Fancy Double 1 DS-DS-RS-RS

Cowboy Turn 1 DS-DS-DS-BR-SL(turn 1/2 left)-DS-RS-RS-RS

*** Repeat To Face Front ***

Part B :

Turkey Step 2 pause-H-T-Step-DS-RS

Vine Left 1 DS-DS(xif)-DS-DS(xib)-DS-DS(xif)-DS-RS

*** Repeat moving to the Right ***

Part C :

Rocking Chair 1 DS-BR-SL(turn 1/4 left)-DS-RS

Fancy Double 1 DS-DS-RS-RS

*** Repeat ³ * Times Same Foot Work ***

Sequence : A - B - A - C - A - B - C (only 3 times)- A - B - A