

Heart Like a Roadsign, Head Like a Wheel

By: Mountain Heart Genre: Bluegrass
CD "Force of Nature" 2004 Skaggs Family Records
Level: Intermediate Plus Time: 3:10

Wait 1 beat

Sequence: A B B C Break 1/2A B C* Break C A**

Part A

Stomp Double

Joey

Turn 1/4 left on STO

STO DS DS RS DS S(xib) S(ots) S(ots) S(xib) S(ots) S(ots)

L R L RL R L R L R L R

&1 &2 &3 &4 &5 & 6 & 7 & 8

Repeat three times to face all 4 walls.

Part B

Lucy Brush

Fancy Double

Football

DS Br/H Toe(xif) S Toe(ib) up/H DS DS RS RS

L R L R R L L R L R LR LR

&1 & 2 & 3 & 4 &5 &6 &7 &8

Turn 1/2 left

DS Kick RS Kick RS DS RS Br/H Repeat to face front, same feet

L R RL R RL R LR L

&1 &2 &3 &4 &5 &6 &7 & 8

Move L Move R

DS RS RS RS DS RS RS RS

L RL RL RL R LR LR LR

&1 &2 &3 &4 &5 &6 &7 &8

Push Off

Left and Right

Stomp Double Ups

Step Rock Steps

Dog Paddle

STO DB/UP DB/UP DB/UP STO DB/UP DB/UP DB/UP S RS S RS S S S S

L R R R R R R R R L L L L L L L L RL R LR L R L R

& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8 & 1 &2 3 &4 5 6 7 8

Part C

Hard Steps

DB/back Br/up DS RS DB/back Br/up DS RS

L L L L L RL R R R R R LR

& 1 & 2 &3 &4 & 5 & 6 &7 &8

Move Forward Turn 1/2 Left on Kick

DS DS DS Kick/Turn Ball/Heel Chug DS DS RS

L R L R R L L L L R LR

&1 &2 &3 & 4 & 5 &6 &7 &8

Repeat to face front, same feet

Triple Karate

Double Basic

Part C*

Add a Fancy Double at end of part C, after double basic

Part C**

When you turn to the front on the triple karate, leave off the RS on the double basic and then do a Samantha without the RS.

DS DS(xif) DRAG S DRAG S RS DS DS

L R R L L R LR L R

&1 &2 & 3 & 4 &5 &6 &7

Break

Traveling shoes

Triple

Strums

Turn 1/4 left on traveling shoes

DS H Lift H Lift H Lift DS DS DS RS

L R R R R R R L R LR

DS DB(xif) DB(ots) DB(xif) DS DB(xif) DB(ots) DB(xif)

L R R R R L L L

Repeat three times to face all 4 walls

Ending

Stomp Stomp