

Gimme 8 More Seconds

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Level: E-Z

Music: Toby Keith, CD-Pull My Chain-Bonus Track

Sequence:-A-A-B-Break-A-B*-End

Intro: after guitar solo, stamp Left foot 3 times & 2 claps
stamp Right foot 3 times & 2 claps
3 stomps & 2 claps
1 Jazz box & 4 toe heels

Part A:

2 Charlestons- Ds-Kick-Toe heel-Rock Step

L R R R L R

1 Chain rock -turn 360 left, left foot

2 Kicks--- DS-Kick DS Kick

R L L R

Repeat opposite foot and direction

Part B:

Triple stomps fwd.-DS-DS-DS-Stomp-Stomp

L R L R L

½ Flip—DBL(xif)-DBL(X) & (Turn ½ Right on) ST-R-ST

R R R L R

1 Rocking Chair-Ds-Brush-DSRS

L R R

1 Fancy Double-DS-DS-RS-RS

L R L L

Triple Stomps fwd

½ Flip-turn to front

1 Rocking Chair

1 Joey-DS-st(xib)st-st-st(xib)-st-st

L R L R L R L

1 triple-Ds-Ds-Ds-rs

R L R R

B*-Triple stomps-1/2 Flip-Rocking chair-Fancy Double-same back and front
(delete Joey and triple)

BREAK:

1 Joey and 1 triple

1 Break step-DS-DS-DBl(xif)/Bend- Step/Kick-Stomp-DS-DS-RS(1/2Left)

L R L R R L L R L L

1 2 & 3 & 4 5 6 7 8

Brake step- opposite foot to front

Add 2 Double ups--Ds-DBl Up-Ds-DBl up-

L R R L

End

2 Boogie Basic

1 Rocking chair

1 Joey and stomp then st- st- st

R L R L