

FLIP FLOP & FLY

Artist: Ellis Hall

Album: Chicken Run Soundtrack CD

Time: 2:09

Level. Intermediate music:swing speed:moderate

Wait 16 counts

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Sequence: A-B-A-B-C-D-A-B-M-A-B-C-D-D-D

Part A

Hard Step Dbl Back-Brush up-DS-DS
 L L L R

Chain DS-RS-RS-RS
 L RL RL RL

Hard Step Dbl Back-Brush up-DS-DS
 R R R L

Chain DS-RS-RS-RS
 R LR LR LR

Part B

Catawba Twist DS-DS-Dbl-twist-twist--twist-twist--twist-heel up-DS-DS
 L R L both both both both both L L L R
 &1 &2 & 3 & 4 & 5 & 6 &7 &8

Part C

Flip Flop FlyKick(xif)-Kick(ots)-Stand-(arms fan up and out)
 L L Both

Run around step-step-step-step-step-step-step
Run 360 Left L R L R L R L
 1 & 2 & 3 & 4

Repeat on opposite footwork

Part D

Drag back DS(xif)-Drag-step-DS-RS
L L R L RL

Triple
Turn 360 Left DS-DS-DS-RS
R L R LR

Part M

Heel Touch DS-heel-lift-heel-lift-heel-lift
1/2 Left L R R R R R R

Heel Touch DS-heel-lift-heel-lift-heel-lift
1/2 Right R L L L L L L

Slur Basic DS-Slur-step-DS-RS
L R R L RL

Triple DS-DS-DS-RS
R L R LR

4 Drags DS-Drag-step-Drag-step-Drag-step
L L R R L L R

2 Basics DS-RS DS-RS
L RL R LR

Charleston DS-Kick-ball-heel-RS
L R R R LR
