

COWBOY UP

By Jill Johnson

Choreo: Scotty Bilz (Lilburn, Georgia)

Level: Intermediate

(16) Wait

PART A (32 counts):

(8)-- 2-Rooster Runs (L)

DS DS Ba(s) Ba(xb) Ba(s) Step(xf)
L R L R L R
&1 &2 & 3 & 4

(4) 1-Bounce Twist (B)

Bo(tog) Hl Bo Hl Bo Hl Bo Lift
B R B L B R B L
& 1 & 2 & 3 & 4

(4)-- 2-Basics--1/2 Left (L) DSRS DSRS

REPEAT

PART B (16 counts):

(16) 2-Samanthas--1/2 Right Each (L)

DS DS(xf) DrgS DrgS RS DS DS RS
L R R L L R LR L R LR
&1 &2 & 3 & 4 &5 &6 &7 &8

PART C (32 counts) Chorus:

(8) 1-Cowboy Up (L)

DS Br-Up RS RS Br-Up RS RS Ball-Slide/Lift
L R R RL RL R R RL RL R R/L
&1 & 2 &3 &4 & 5 &6 &7 & 8

(8) 1-Sweat Step--1/2 Left (L)

DS R(f)S R(b)S S-Slide [p] S S S DS RS
L R L R L R R L R L R LR
&1 & 2 & 3 & 4 [&] 5 & 6 &7 &8
>1/2L on 3-Steps

(8) 1-Cowboy Up (L)

(6) 3-Clap Basics (L)

Lift/Clap S R S Repeat 2x
L/Hands L R L
& 1 & 2

(2) 1-Out, Cross, Turn--1/2 Left (L)

Bo(apart) Bo(Rxf) Pivot>1/2 L
B B B
& 1 & 2

BRIDGE (16 counts):

(4) 4-Shimmys--Full Turn Left (B)

Slide-Slide-Slide-Slide (Shove Heels Forward)
B B B B (Wave R Arm)
1 2 3 4

(4) 1-Fancy Double (L) DS DS RS RS

(4) 4-Shimmys--Full Turn Left (B)

(4) 3-Knocks (L)

DS Toe(b)-Up S Toe(b)-Up S Toe(b)-Up S
L R R R L L L R R R
&1 a & 2 a & 3 a & 4

REPEAT PART A (2-Roosters): CD 1:01

REPEAT PART B (2-Samanthas): CD 1:18

REPEAT PART C (Cowboy Up): CD 1:27

REPEAT BRIDGE (Shimmy): CD 1:44

PART D (40 counts): CD 1:53

(32) Country-Western Line Dance:

(4) (L)Step Vine: S S(xb) S Tch
(4) (R)Roll>360R: S S S Tch
(4) (L)Cha-Cha: S S 1-2-3
(4) (R)3-Steps & Tch(L) ½ Right

REPEAT

(4) 4-Shuffles (B)

Drg Slide (4x)
B B

(4) 4-Hillbilly Drag (R)

Drg S Drg S Drg S Drg S
R L L R R L L R
& 1 & 2 & 3 & 4

PART E (32 counts): CD 2:14

(4)-- 1-Triple Ankle Break (L)

DS DS(xf) DS Dbl Br/S(xb)
L R L R L/R
&1 &2 &3 &a 4

(4) 1-Run & Heel Out (L)

S S(xb) S S(xf) S S(xb) Hl/S
L R L R L R R/L
1 & 2 & 3 & 4

(4) 1-Stomp Double--1/2 Right (R)

[p] Stomp DS DS RS
R L R LR
[&] 1 &2 &3 &4

(4)-- 1-Rocking Chair (L) DS Br-Up DS RS

REPEAT

REPEAT PART D-1 (Country-Western):

(Like D, but omit Shuffles & Hillbilly Drag)
(32 counts only) CD 2:32

REPEAT PART C (Cowboy Up): CD 2:48

BRIDGE-1 (32 counts): CD 3:05

(4)-- 4-Shimmys--3/4 Left (B)

(4)-- 1-Fancy Double (L)

REPEAT 3x

ENDING (32 counts): CD 3:22

(8)-- 1-Yee Haw & Cotton Eyed (L)

Bo Kick S S S Ki(xf) Ki(s) DS RS
B L L R L R R R LR
1 2 3 & 4 5 6 &7 &8

(4) 1-Time Step (L)

[p] S(xf) R S S(xf) R S S(s)
L R L R L R L
[&] 1 & 2 & 3 & 4

(4)-- 1-Triple--1/2 Right (R) End: Jump

NOTES:

B Both Feet
/ On Same Count
Drg Drag - Backward Movement
Slide Forward Movement
Br Ankle Break (no weight)

Cue Sheet by Ginny Bartes dsrsaz@cox.net

Taught at: Possum Trot 09
Cowboy Up R4.7

More cue sheets at: <http://www.scottysclognco.com/>