

BIRD WALK MIXER
2:53

Clogging Dance
Intermediate Level

Record: "Tennessee Bird Walk," by Jack Blanchard & Misty Morgan (Eric, 275).

Choreo: Chris Rawls, Magic City Cloggers, Miami, Florida.

Intro: 16 Beats. Begin: Right Foot.

Couples begin side-by-side, facing line of dance. Ladies are on the men's right side.

Heel No.
Beats Times Part Step

32	2	A	r	l	r	lr	lr	lr
			HEEL SWING -	HEEL SWING -	DSRS -	RS -	RS	
			1	2	3	4	5+6	7
			l	r	l	rl	rl	rl
			HEEL SWING -	HEEL SWING -	DSRS -	RS -	RS	
			9	10	11	12	13+14	15
							16	

Note: On 1st "Swing Heel," place partial weight on right heel and swing the toe from left to right. The toe comes down and foot receives full weight. On 2nd "Swing Heel," toe is swung from right to left. Directional movements are opposite (2nd Set) Also, DSRS-RS-RS's are turning 360°. 1st turn is to the right. 2nd turn is to the left.

r	l	r	l	r	l
STOMP -	STOMP -	STOMP -	STOMP -	STOMP -	STOMP
17	18	19	20		
r	lr	lr	lr		
DSRS -	RS -	RS			
21+22	23	24			

Note: On RS's, couple trades position. Both persons do 1/2 side Do-Si-Do. Man moves right and in back. Lady moves left and in front.

l	r	l	r	l	r
STOMP -	STOMP -	STOMP -	STOMP -	STOMP -	STOMP
25	26	27	28		
l	rl	rl	rl		
DSRS -	RS -	RS			
29+30	31	32			

Note: Same as above, except man moves left and in front while lady moves right and in back.

16	2	B	r	lr	l	rl	r	lr	l	rl
			DSRS -	DSRS -	DSRS -	DSRS -				

Note: Ladies turn left under men's arms 360°. Then, ladies back up and men move forward to a new partner. Don't get too comfortable with this new partner. You'll lose this one 16 beats later!

r	l	r	l
STEP -	CLAP -	STEP -	CLAP -
9	10	11	12
r	l	r	l
STEP -	CLAP -	STEP -	CLAP/CLAP
13	14	15	16

Note: Turn right 360° on "Step-Clap's".

32	1	C	r	l	r	l	r	l
			STEP -	STEP (XIB) -	STEP -	STEP (XIB) -	STEP -	STEP (XIB)
			1	2	3	4	5	6
			r	l				
			STEP -	STOMP				
			7	8				

Note: All "steps" are moving forward.

(Continued on next page)

BIRD MIXER, p. 2

Heel No.

Beats Times Part Step

32	1	C	^{r1} HEEL PIVOT (Out) - ^{r1} HEEL PIVOT (In) - ^{r1} HEEL PIVOT (Out) - (Continued)
			^{r1} HEEL PIVOT (In) - ^{r1} HEEL PIVOT (Out) - ^{r1} HEEL PIVOT (In) - ^{r1} HEEL PIVOT (Out) - ^{r1} HEEL PIVOT (In)

Start at beginning of Part C and repeat, starting on opposite foot.

Note: "Heel Pivot" is done by placing full weight on balls of both feet. Swing heel out (apart) and in (together) as directed. After each swing, heels are brought down onto the floor.

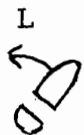
Sequence:

ABC, ABC, AB

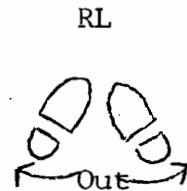
Abbreviations Used:

DSRS Double-Toe, Step, Rock, Step

RS Rock, Step



HEEL SWINGS
(Heel stays in place)



HEEL PIVOTS
(Toes stay in place)