

Old Time Pickin'

Advanced Traditional w/buck

Artist: Ralph Stanley CD: Rebel Records: 35 years of the best in bluegrass

Music Type: Bluegrass

Choreo: Melissa Pack - CCI, Lebanon, TN, 615-478-8184, rnmpack@gmail.com

**This routine is short & sweet but FAST*

Sequence: A MODIFIED-B-A-C-A

Wait 16 Beats after music starts to begin

Part A Modified: 32 beats

Stomp Double Ups: ST DBL UP DBL UP B HL B DBL UP DBL UP DBL UP B HL B
L R R R L L R R R R L L
&1 &a2 &a3 &a4 &a5 &a6 &a7 &a8

Buck Joey/buck fancy: DS TB(xib) HB(ots) HB(ots) TB(xib) HB(ots) HL S DS DS HB HB HB HL S
R L R L R L R R L R L R L R R
&a1 e& a2 e& a3 e& a4 &5 &6 e& a7 &a8

Flare Heel Click: DS DBL OUT B HL B DBL OUT B HL B DBL OUT B B HL CLICK(in the air)
L R R L L R R L L R R L RL *land on left foot
&1 &a2 &a3 &a4 &a5 &a6 &7 &8

Double Roll: DBL(xif) DBL(ots) DBL S (wt) ROLL(no wt) HL UP RS DS DS HB HL S
R R R L L LR L R L R R
&1 &2 &a3 3 &4 &5 &6 &a7 &a8

Part B: 48 beats

Ida Red: DBL BK BR UP DS S CH DS RS DS CH
L L L R L L RL R R
&1 &2 &3 &4 &5 &6 &7 &8

Black Mtn Scuff: DS HL HL T HL UP DS SC UP SL DWN SC UP SL DOWN SC UP SL DOWN
L R R R L L R R L L R R
&1 &2 &3 &4 &a5 a& a6a &a7 &a8

JW: DBL LOOP(xib) S DS S CH RS DS DBL DBL HL UP
L R R L R L LR L R R L L
&1 &2 &3 &4 &5 &6 &7 &8

*Repeat the Ida Red, Black Mtn. Scuff & JW to complete the 48 beats

Part A: 48 beats

Travel: DS HB S HB S HB S RS SC UP SL BK RS S CH
L R L R L R L RL R R RL R L
&1 &a 2 &a 3 &a 4 &5 a& a6 &7 & 8

Charleston Flare: DS TCH B FLARE HEELS S RS DS DS HL B HL S
L R R LR LR R LR L R L L R R
&1 &2 & 3 & 4 &5 &6 &a 7 & a 8

Stomp Double Ups: ST DBL UP DBL UP B HL B DBL UP DBL UP DBL UP B HL B
L R R R L L R R R L L
&1 &a2 &a 3 & a 4 &a5 &a6 &a7 & a 8

Buck Joey/buck fancy: DS TB(xib) HB(ots) HB(ots) TB(xib) HB(ots) HL S DS DS HB HB HB HL S
R L R L R L R R L R L R L R R
&a1 e& a2 e& a3 e& a 4 &5 &6 e& a7 & a 8

Flare Heel Click: DS DBL OUT B HL B DBL OUT B HL B DBL OUT B B HL CLICK(in the air)
L R R L L R R L L R R L RL *land on left foot
&1 &a2 & a 3 &a4 & a 5 &a6 & 7 &8

Double Roll: DBL(xif) DBL(ots) DBL S (wt) ROLL(no wt) HL UP RS DS DS HB HL S
R R R L L LR L R L R R
&1 &2 & a 3 &4 &5 &6 & a7 & a 8

Part C: 48 beats

Rock Out: DS H H S R H S H H S R H S H H S S S S CH
L R L L R L L R L L R L L R L L R L L
&1 & a 2 & a 3 & a 4 & a 5 & a 6 &7 & 8

Taz Plus: DBL K BNC K BNC K BNC UP HP BR UP TCH(xif) UP HP TB HL UP
L R RL L LR R RL L L R R R L L
& 1 & 2 & 3 & 4 & 5 &6 & 7 & 8

Buckshot: DS DS S K BEND K(ots) ROLL(no wt) S HL HL UP DBL K K UP
L R L R R R L R L L L L R L L
&1 &2 & 3 & 4 4 & 6 & 7 & 8

Part A: 48 beats

Travel: DS HB S HB S HB S RS SC UP SL BK RS S CH
L R L R L R L RL R R RL R L
&1 &a 2 &a 3 &a 4 &5 a& a6 &7 & 8

Charleston Flare: DS TCH B FLARE HEELS S RS DS DS HL B HL S
 L R R LR LR R LR L R L L R R
 &1 &2 & 3 & 4 &5 &6 &a 7 & a 8

Stomp Double Ups: ST DBL UP DBL UP B HL B DBL UP DBL UP DBL UP B HL B
 L R R R L L R R R L L
 &1 &a2 &a 3 & a 4 &a5 &a6 &a7 & a 8

Buck Joey/buck fancy: DS TB(xib) HB(ots) HB(ots) TB(xib) HB(ots) HL S DS DS HB HB HB HL S
 R L R L R L R R L R L R L R R
 &a1 e& a2 e& a3 e& a 4 &5 &6 e& a7 & a 8

Flare Heel Click: DS DBL OUT B HL B DBL OUT B HL B DBL OUT B B HL CLICK(in the air)
 L R R L L R R L L R R L RL *land on left foot
 &1 &a2 & a 3 &a4 & a 5 &a6 & 7 &8

Double Roll: DBL(xif) DBL(ots) DBL S (wt) ROLL(no wt) HL UP RS DS DS HB HL S
 R R R L L LR L R L R R
 &1 &2 & a 3 3 &4 &5 &6 & a7 & a 8

Abbreviations

B=Ball	HB=Heel Ball	SC=Scuff	WT=Takes Weight
BK=Back	HL=Heel	SL=Slide	XIB=Cross Behind
BR=Brush	K=Kick	SLP=Slap	XIF=Cross in Front
CH=Chug	OTS=Out to Side	STP=Stomp	
DBL=Double	RS=Rock Step	T=Toe	
DS=Double Step	S=Step	TB=Toe Ball	