

Lose My Mind

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Choreo: J.-P. Simkus, Good Time Cloggers
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Level: Intermediate

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Wait 8

Intro

8 TS (360° L) TS TS TS TS TS TS TS TS (2 to each wall)
LR LR LR LR LR LR LR LR

A

Wayward DS DS (xif) DR SRS K (ots) SRS Br up RS
L R R LRL R RLR L LR

Only Wanna DS DT (ots) RS Ba Sl (1/2 Left)
L R RL R L

Double Down Split DS DT/Split (ib) DR SRS
L R/Both L RLR

****REPEAT ALL BACK TO FRONT****

B

Slur Rock DS Slur RS/Slur S RS (if) RS (if) DS DS
L R LR/L LRL RL R L

****REPEAT WITH OPPOSITE FOOTWORK****

High Zip DS DT (xif) DT (ots) RS Ba Sl RS DT Split Tog K (if) Chug
L R R RL R L LR L Both L L

Grapevine S S (ib) S Tch (Left and Right)

Loop Around DS DT (xif) DT (ots) Loop SL/Chug DS DS RS
L R R R R/L L R LR

Break

8 TS (360° L) TS TS TS TS TS TS TS TS (as written earlier in song)

Skuff Heel Skuff H (ots)
 L L

Pause (4 beats) Click Right H to keep time

****REPEAT SECTIONS A AND B****

C

Cowboy Up DS Sk Up RS (if) RS (if) Sk Up RS (if) RS (if) DT/H (Turn $\frac{1}{4}$ Left)
 L R RL RL R RL RL R/L

2 Basics DS RS DS RS
 L RL R LR

Sliding Double DS DS RS/Pull Chug (Turn $\frac{1}{4}$ Left)
 L R LR/L L

****REPEAT ALL STEPS BACK TO FRONT****

****REPEAT SECTION B****

Ending

2 Toe Tappers DS Tch (if) H DT (ots) H T/up H
 L R L R L R L

****REPEAT OPPOSITE FOOTWORK****

Ghostbuster DS DT (xif) DT (ots) RS RS Br Up DS RS (Turn 360° Right)
 L R R RL RL R R LR

****Sequence: Intro-A-B-Break-A-B-C-B-Ending**