

Check It Out!

(A CMT Production)

Artist – Oh the Larceny
Album – Oh The Larceny
Level – Middle Intermediate

Genre: Pop/Rock
Wait 16 beats

CHOREO: Chris Phelps (MI)
Matt Koziuk (FL)
Trevor DeWitt (IN)

Intro

Ds Skuff-Up Heel Step (xif) Toe-Up Skuff-Up Heel Step (xif) Toe-Up RS
L R R R L L L L R RL
1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

“Spider”

Dbl-across Dbl-out B B B (turn 360° Right) Step Brush-Up Ds RS Kick
R R RL R L R R LR L

“Modified Ghostbuster”

** On **Double Intro**, you'll turn the **Ghostbuster** ½ Right and repeat the sequence to face Front **

Part A

Ds RS(xif) RS(ots) DS RS(ots) Ds Ds RS (turning 360° R)
L RL RL R LR L R LR

“Cross-rock turn”
(a.k.a. the “CRU-rock”)

Ds Rock-Pull (Heel) Step RS; Ds Dbl-Back (turn ½ R) Ball Heel Chug
L R R R LR L R B L L

“Basic Pull &
a Polly Wolly Jump”

** Repeat to face the Front **

Chorus

Ds Dbl Bounce Kick Bounce Kick Bounce Kick Step B(xib) B B B(xib) B Step
L R B R B R B R R L R L R L R
&1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

“Light It Up!”

Ds Dbl-Out RS Toe-Slide RS Ds Ds RS (Turning ½ Left)
L R RL R LR L R LR

“Only-Wanna Rock Turn”
(a.k.a. “Slider Rock turn”)

Ds Dbl Bounce Kick Bounce Kick Bounce Kick Step B(xib) B B B(xib) B Step
L R B R B R B R R L R L R L R
&1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

“Light It Up!”

Jump-Out Jump-cross (L over R) Jump-Out Jump-cross (R over L), pivot ½ L, Kick RS
1 2 3 4 5 & 6 7 & 8

“Jumping
Jack Turn”

Break

YOUR CHOICE!

4 Boogie Basics **OR** 4 Canadian Basics **OR** 2 Basics & 2 Canadian Replaces

OR Any 8-count combination you'd like!

Ds RS(xif) RS(xib) Rock-Heel(ots) (moving to the Left)
L RL RL R R

“ ‘Check It Out’ Run”

Stomp Ds Ds RS (Turn 3/4 Right)
R L R LR

“Stomp Double Basic”

*** Repeat 3 more times to make a box ***

*** For 1/2 B, do the above sequence to the front and back only, add one more Rock-Step at the very end! ***

Sequence:

Intro – A – Chorus – Break – A – Chorus – Hold 4 – B – Double Intro – Chorus – Chorus – 1/2 B

Step and Direction Abbreviations:

Ds - Double Step
(xif) – crossed in front

RS - Rock Step
(xib) – crossed in back

DbI - Double
(ots) – out to side

(fwd) – forward

Thanks for playing! Hop you enjoyed it!

Questions or comments? Hit us up!

Chris:



Chris Phelps



CPhelps68@gmail.com



[CPhelps68](#)

Matt:



Matt Koziuk



DKClogJax



TheKoziLife



Matt.Koziuk@gmail.com

Trevor:



Trevor DeWitt



Trevor@clogdancing.com



www.clogdancing.com