


Beautiful Day (Country)

Artist: Chrystal Shawanda (Canadian Artist) **Album:** Beautiful Day - Single (**Time:** 3:04)

Level: Basic WALTZ CLOG **Speed:** Waltz $\frac{3}{4}$ timing

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Sequence: A – B – C – A – B – C - BREAK – B – C – D – D – Ending

Wait: 3 drum beats then 4 sets of 6 beats, start with the lyrics **LEFT FOOT** lead

Cues

Part A

2 Step Waltz
2 Waltz Clogs
Repeat 3 more times

Part B

2 Step Skuff 'n' Touch
2 Step Double Doubles
Repeat

Part C

Step Kick Turn Step 'n' Kick
Step Double Step Touch
Step Kick Turn Step 'n' Kick
Fast Ball Pause

Repeat Part A

Repeat Part B

Repeat Part C

BREAK

2 Step Skuff Hop Flap Toe Hop

Repeat Part B

Repeat Part C

2:10 could cut music here

Ending

(MUSIC FADES)

Abbreviations

(p) – Pause
BA – step with weight on ball of foot
BR – Brush
DR – Drag
DS – Double Step
DT – Double Toe
Flap – Backwards brush
H(w) – Heel with weight
Hclk – Heel Click
KK – Kick
R – Rock
RS – Rock Step
S – Step
SK – Skuff with heel
SL – Slide
SLR – Slur
SN – snap toe down
Tch – touch ball of foot
TTch – tip of toe touch

Step Breakdown (in order of appearance)

Part A

2 Step Waltz

(xib)			(xib)		
BA	R	S	BA	R	S
L	R	L	R	L	R
1	2	3	4	5	6

Waltz Clog (Step shuffle ball change)

BA	DT	RS	BA	DT	RS
L	R	RL	R	L	LR
1	a2	a3	4	a5	a6

Repeat (2 Basic Waltz, 2 Waltz Clog) pattern for a total of 4 times –
OPTIONAL STYLING: turn on 2nd Basic Waltz's $\frac{1}{4}$ left

Part B

Step Skuff 'n' Touch

(xib)					
S	SK	Hop	H(w)	SN	TTch
L	R	L	R	R	L
1	2	3	4	5	6

Step Double Doubles

(if)		(ots)		(if)		(ots)	
BA	DT	DT	BA	DT	DT		
L	R	R	R	L	L		
1	a2	a3	4	a5	a6		

Repeat (2 Step Skuff n' Touch, 2 Step Double Doubles) pattern for a total of 2 times

Part C

Step Kick Turn Step 'n' Kick

(turn $\frac{1}{2}$ L) to face back						
S	KK	Hclk		S	KK	Hclk
1	2	3		4	5	6

Step Double Step Touch (like a Canadian or a Sonic sorta)

BA	DT	S	Tch	BA	DT	S	Tch
L	R	R	L	L	R	R	L
1	a2	a	3	4	a5	a	6
S	SK	Hop	Flap	Toe	Hop		

Step Kick Turn Step 'n' Kick

(turn $\frac{1}{2}$ L) to face front						
S	KK	Hclk		S	KK	Hclk
L	R	L		R	L	R
1	2	3		4	5	6

Fast Ball Pause

S	DT	R	S	S	p	p
L	R	R	L	R		
1	a2	a	3	4	5	6

BREAK

Step Skuff Hop Flap Toe Hop (hops can be replaced with a heel click)

S	SK	Hop	Flap	TTch	Hop	(repeat with opposite footwork)
L	R	L	R	R	L	
1	2	3	4	5	6	

Music has a good spot to cut at 2:10 or add the ending.

Ending

This section is what a traditional waltz clog (valse clog) section would be although the music is not traditional.

Usually follows an ABABABC pattern throughout a whole song but not always.

Each section in a traditional Waltz Clog will repeat, then break then another section begins following the same pattern with the same break.

First Variation

A
2 Waltz Clogs

B
2 Step Skuff Hops

Repeat 2 more times (following the AB Pattern above)

C
2 Step Skuff Hops
Fastball Pause

Second Variation

A
2 Waltz Clogs

B
2 Step Stamp Stamp

Repeat 2 more times (following the AB Pattern above)

Repeat B

C
2 Step Stamp Stamps
Fastball Pause

Third Variation

A
2 Waltz Clogs

B
Step Stamp Stamp Hop Double Hop Toe

Repeat 2 more times

Then do
2 Step Stamp Stamps
2 Jump Double Hop Toe
Step Skuff Step Toe touch pause for 2 beats (xib)

A whole Waltz Clog should progressively progress in difficulty.

Can also be done with a jump rope – check out
<http://www.youtube.com/watch?v=pR1zqKoO4CE> for a wonderful example